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ABUSE**

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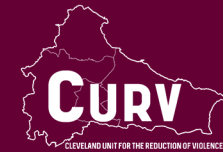
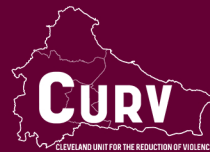
# USEFUL CONTACTS:

Useful contacts of charities and organisations who offer support across Cleveland.

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# USEFUL CONTACTS:

## **Andy's Man Club**

Men's suicide prevention charity.  
[www.andysmanclub.co.uk](http://www.andysmanclub.co.uk)

## **ARCH**

Sexual Violence Services in Teesside.  
01642822331

[www.archteesside.org](http://www.archteesside.org)  
[admin@archteesside.org](mailto:admin@archteesside.org)

## **A Way out**

Support for women affected by abuse,  
harm and exploitation.

01642 655071

[www.awayout.co.uk](http://www.awayout.co.uk)

[info@awayout.co.uk](mailto:info@awayout.co.uk)

## **Boro Angels**

Volunteer support on Saturday nights.

[www.boroangels.co.uk](http://www.boroangels.co.uk)

## **Childline**

Free, confidential service for  
those under 19.

0800 1111

[www.childline.org.uk](http://www.childline.org.uk)

## **Crimestoppers**

Report crime anonymously.

0800 555111

[www.crimestoppers-uk.org](http://www.crimestoppers-uk.org)

## **Eva Women's Aid**

Support Service for women and children  
affected by domestic abuse or serious  
violence.

01642 490677

[www.evawomensaid.org.uk](http://www.evawomensaid.org.uk)

## **Halo**

Support service for Black and  
Minoritised women and girls affected by  
domestic and sexual abuse and violence.

[www.haloproject.org.uk](http://www.haloproject.org.uk)

[info@haloproject.org.uk](mailto:info@haloproject.org.uk)

## **Harbour**

Support for those affected by domestic  
abuse.

03000 20 25 25

[www.myharbour.org.uk/about-us](http://www.myharbour.org.uk/about-us)

[info@myharbour.org.uk](mailto:info@myharbour.org.uk)

## **Hartlepool Town Pastors**

Volunteer support for the night time  
economy.

[www.facebook.com/hpooltownpastors](http://www.facebook.com/hpooltownpastors)

[aide.hartlepooltownpastors@outlook.com](mailto:aide.hartlepooltownpastors@outlook.com)

## **Ivison Trust**

Charity working to keep children safe  
from exploitation.

[www.ivisontrust.org.uk](http://www.ivisontrust.org.uk)

## **Lilyanne's Wellbeing**

Mental Health and Counselling Charity.

[www.lilyannes.co.uk](http://www.lilyannes.co.uk)

## **My Sister's Place**

Specialist Domestic Abuse Charity.

01642241864

[www.mysistersplace.org.uk](http://www.mysistersplace.org.uk)

[reception@mysistersplace.co.uk](mailto:reception@mysistersplace.co.uk)

## **NSPCC**

Children's charity supporting those  
affected by abuse and neglect.

[www.nspcc.org.uk](http://www.nspcc.org.uk)

## **National Stalking Helpline**

Information, advice and support to  
victims of stalking

[www.suzylamplugh.org/pages/category/national-stalking-helpline](http://www.suzylamplugh.org/pages/category/national-stalking-helpline)

[www.suzylamplugh.org/pages/category/national-stalking-helpline](http://www.suzylamplugh.org/pages/category/national-stalking-helpline)

0808 802 0300

## **Rape Crisis**

Charity working to end all forms of  
sexual violence.

[www.rapecrisis.org.uk](http://www.rapecrisis.org.uk)

[rcewinfo@rapecrisis.org.uk](mailto:rcewinfo@rapecrisis.org.uk)

## **Safehaven Middlesbrough**

Support on a Friday and Saturday night.

[www.middlesbrough.gov.uk/crime-and-safety/safehaven/](http://www.middlesbrough.gov.uk/crime-and-safety/safehaven/)

## **SARC Teesside**

Sexual Assault Referral Centre.

0330 223 0099

[www.sarcleesside.co.uk](http://www.sarcleesside.co.uk)

[teessideanddurham.sarc@nhs.net](mailto:teessideanddurham.sarc@nhs.net)

## **The Suzy Lamplugh Trust**

Personal safety charity and leading  
stalking authority.

[www.suzylamplugh.org](http://www.suzylamplugh.org)

[info@suzylamplugh.org](mailto:info@suzylamplugh.org)

## **Victim Care and Advice Service**

Support for victims of crime and  
anti-social behaviour.

0303 040 1099

[www.vcas.uk](http://www.vcas.uk)

[info@vcas.uk](mailto:info@vcas.uk)

## **Women's Street Watch**

Volunteer support on Saturday nights.

[www.wearemiddlesbrough.com/our-stories/womens-street-watch-boro/](http://www.wearemiddlesbrough.com/our-stories/womens-street-watch-boro/)

